

Name: _____

Date: _____ Hour: _____

Personality Tests

Please follow the directions to complete both major types of personality tests. You must take at least **4 personality tests** to complete this assignment.

Please go to my website: <http://historyharris.weebly.com>

Go to "Psychology Course Page." You will then find the links to the personality tests.

BIG FIVE: Review your notes about the Big Five theory and your self-rating before beginning.

Take **Big Five Test 1**

1. Summarize your results.

2. Do you agree with this result? Why or why not?

Take one more Big 5 personality test and answer questions 3-6. I recommend taking **Big Five Test 2.** You may take test 3 or test 4 if you would like additional results.

3. Summarize your results. *(Make sure you read below the chart as well. It will give you a much more detailed description and tell you how you compared to others who took the test)*

4. Do you agree with this result? Why or why not?

13. Take **Myers-Briggs Test 2**

My personality type is: _____ : _____
(Letters) (Word (if given))

14. Summarize your results for this test

15. Are there any differences between the results of your two Myers-Briggs tests?
If so, what do you think accounts for the differences?16. Are there many differences between how you rated yourself and the results of these tests?
If so, what do you think accounts for these differences?17. Overall, Do you agree with the results of the Myers-Briggs tests? Using **Several Sentences**, explain why or why not. (If your tests gave you different results, which one do you agree with more?)

If you have more time...

1. *Work on the assessment. Remember it's a test grade!*
2. *Try to find another type of personality test online (not Big 5 or Myers-Briggs). Take that test and on the back of this page compare and contrast the results of that test to the tests you just completed.*
3. *Go to psychologytoday.com and learn more about whatever psychological topics interest you. (There is some really fascinating stuff on this website; you just need to find it!!!)*

Personality Assessment

____/45

Since our personality unit was so short, instead of a test, your “test” grade will be determined by your own thoughtful reflection and application to yourself.

Ultimately, I will be looking for you to **express mastery of the following objectives:**

- ____ Describe major theories regarding influences on personality.
- ____ Evaluate major theories about personality and apply to your own life
- ____ Evaluate strengths and weaknesses of ways to measure personality.

To fully demonstrate understanding of the above objectives, I would like you to evaluate the information you learned this unit in relation to your own experiences. Using information from these personality tests, as well as other information learned this unit, write a long paragraph or two based on each of the following prompts. These responses should be typed or neatly hand-written on a separate sheet of paper.

1. What, if anything did you learn about yourself from taking these personality tests?
2. Based on psychological information, which theories (not tests!) best explain influences on YOUR personality? Please use several personal examples and how they connect to those theories to thoroughly support your response.
3. Based on psychological information, which theories (not tests!) seem to have the least influence on your personality? Once again, use several personal examples to support your response.
4. Which type of test (Big 5, Myers-Briggs, TAT, etc.) seemed to give responses that you thought most accurately described you? Explain why.
5. Do you believe that in general, the test you selected above is a more reliable way of measuring personality? If not, then what do you think is the most reliable? Either way, use examples to support your response.
6. Did you like this mini-unit more than a more traditional unit with a test at the end? Please explain.
7. Review your answers for 1-5. Make sure that you addressed the 3 objectives thoroughly enough that you have proved mastery of the knowledge in each!