

Welcome Valley Park Parents!

Required Supplies To be used ONLY for Psychology

- 1 spiral notebook
- 1" binder OR a very tough folder (Most of our assignments and resources will be on Google Classroom, but any that are not must be kept together.)
- Numerous Pencils or Pens (enough to get through the school year)

Additional supplies that may be helpful

- Sticky divider tabs or small sticky notes to separate units in the spiral notebook
- Colored pencils (I do provide these, but bringing your own reduces germ spreading and ensures you have the colors you want)

Psychology is defined as the scientific study of behaviors and mental processes. With such a broad definition, I organize about half of the course around units in which students have the most interest. All units are designed to improve students' critical thinking skills while developing a stronger understanding of themselves and the people around them.

Required Units:

- Approaches to Psychology and Scientific Research Methods
- The Brain and how it works (Biology)
- The Brain and how it works (Memory and Thinking)

Optional Units (Students will complete 2-3 based on class interests)

- Sleep, Dreams and Consciousness
- Sensation and Perception
- Social Psychology
- Positive Psychology
- Human Development and Personality
- Motivation, Emotion and Stress
- Learning and Behaviorism
- Psychological Disorders and Therapy

There are NEVER any excuses for your child to not be successful

- Practice assignments can be corrected as often as necessary to gain more feedback and better understanding
- **Exams can be retaken**, although students do need to go through a retake process to prove increased knowledge.
- SWAT (Students With After school Tutoring) is offered each Monday after school. All students are welcome to attend to receive extra help.
- Students also have 1-2 Advisory periods each week and may make appointments for alternate times if necessary.
- Textbooks may be checked out to students upon request at any time during the school year.

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